

ORIGINAL ARTICLE

Role of global longitudinal strain diastolic index in assessment of patients with suspected obstructive coronary artery disease and normal or mildly reduced ejection fraction

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Abstract: **Objective** – To examine the utility of global longitudinal strain imaging diastolic index (SI-DI) in the assessment of patients with suspected obstructive coronary artery disease (CAD). **Methods** – We performed rest 2 D standard echocardiography and strain imaging in 30 healthy subjects and in 148 patients with normal or mildly reduced ejection fraction and indication for coronarography for suspected obstructive CAD. Standard echocardiographic and strain parameters were analysed. **Results** – Global SI-DI was significantly lower in the selected vs control group ($p < 0.001$). After coronarography patients were divided in three subgroups: 74 patients with more than 50% obstruction in any major artery, 26 patients with previous revascularisation but no significant obstructive lesions at present and 48 patients without obstructive artery disease. Average global SI-DI was significantly lower in the subgroup with obstructive CAD vs the other two subgroups ($p < 0.05$). Global SI-DI lower than 0.5 had a good sensitivity (84%) and a reasonable positive predictive value (52%) for detection of obstructive CAD. **Conclusions** – Global SI-DI is significantly lower in patients with obstructive CAD and normal or mildly reduced ejection fraction compared with normal subjects. A cut off value lower than 0.5 selects patients with a higher probability of obstructive CAD.

Keywords: strain imaging, coronary artery disease.

Rezumat: **Obiectivul studiului** – Este de a examina utilitatea indicelui diastolic global longitudinal (SI-DI) evaluat prin ecocardiografie 2D metoda speckle tracking în evaluarea pacienților cu risc de boală coronariană obstructivă (CAD). **Metoda** – 30 de subiecți sănătoși și 148 de pacienți cu suspiciunea de CAD cu indicație pentru coronarografie au fost examinați ecocardiografic bidimensional standard și speckle tracking. **Rezultat** – SI-DI global a fost semnificativ mai mic la pacienții cu suspiciunea de CAD vs grup de control ($p < 0.001$). După coronarografie pacienții au fost împărțiți în trei subgrupe: 74 de pacienți cu mai mult de 50% obstrucție coronariană, 26 de pacienți cu revascularizare anterioară, dar fără leziuni obstructive semnificative în prezent și 48 pacienți fără leziuni. Valoarea medie a SI-DI global a fost semnificativ mai mică în subgrupul pacienților cu leziuni obstructive vs celelalte două subgrupe ($p < 0,05$). SI-DI global mai mic de 0,5 a avut o sensibilitate de 84% și o valoarea predictivă pozitivă de 52% pentru detectare CAD. **Concluzii** – SI-DI global este semnificativ mai mic la pacienții cu leziuni coronariene obstructive și fracția de ejecție normală sau ușor redusă în comparație cu subiecții normali. O valoare mică decât 0,5 selectează pacienții cu o probabilitate mai mare de CAD.

Cuvinte cheie: imagistica de strain, boală coronariană obstructivă.

INTRODUCTION

Strain is a measurement of dimensional change or deformation. Imaging techniques have been developed to quantify myocardial strain in clinical practice¹. The most widely used is speckle tracking echocardiography which has been proved to have an important role in evaluation of subtle left ventricular systolic dysfunction in va-

rious clinical conditions (assessment of cardiotoxicity, valvular disease, left ventricular hypertrophy, ischemic heart disease). Different strain patterns could orient the diagnostic (amyloidosis, pathologic hypertrophy, regional dysfunction). The role of systolic and/or diastolic strain analysis in regional wall motion abnormalities in ischemic heart disease was validated in previous

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studies²⁻⁵. Post-systolic shortening by speckle tracking echocardiography is an independent predictor of cardiovascular events⁶ and post-systolic strain index, a quantitative measurement of post systolic shortening, is a parameter that can identify ischemic segments⁷. There have been proposed several mechanisms for ischemia-related diastolic abnormalities: reduced systolic contraction followed by decreased elastic recoil and subsequently decreased early diastolic untwisting and ventricular suction, reduced chamber compliance by fibrotic changes, delayed active contraction or late passive myocardial contraction (post-systolic thickening)^{8,9}. Diastole is also an active process, energy - dependent directly affected by hypoxemia. Ischemia - induced delay in regional relaxation (stunned regional diastolic dysfunction) in the perfusion territory of the involved coronary artery was demonstrated in previous studies. Ishii¹⁰ demonstrated that impaired diastolic function with delayed outward wall motion persisted beyond recovery after ischemia. Quantitative analysis of regional diastolic dysfunction can be obtained by several echocardiographic methods like color kinesis, tissue doppler imaging and by speckle tracking strain imaging. Several studies demonstrated previously that analysis of diastolic images by color kinesis offers a quantitative evaluation of global diastolic function. Harada¹¹ defined a color kinesis diastolic index (CK-DI) as the degree of left ventricular segmental expansion during the first 30% of diastole and proved that it correlates with standard diastolic parameters. The idea of using one third of diastole comes from a previous study which reported that peak filling rate during the first third of diastole were significantly lower at rest in patients with coronary artery disease than in normal patients, despite similar heart rates¹². Validated tissue doppler imaging (TDI) parameters of left ventricular filling pressure (E/E') are indirect measures of ventricular filling method is angle dependent, influenced by preload and has a relatively broad "grey zone". Strain imaging is less influenced by these factors and offers both regional and global characterisation of myocardial deformation. Strain imaging diastolic index was reported to be a sensitive marker to detect LV regional

delayed relaxation during early diastole in myocardial ischemia induced by exercise⁸ and it proved to be associated with severe coronary artery stenosis¹³. Rest global longitudinal SI-DI was shown to correlate with left ventricular (LV) filling pressures in suspected coronary artery disease¹⁴ and with NTproBNP in hypertensive patients¹⁵. However, usefulness of global SI-DI in the assessment of patients with suspected CAD must be established.

METHODS

We performed 2 D standard echocardiography and strain imaging in 30 healthy subjects and in 148 patients with suspected obstructive CAD, normal or borderline ejection fraction (EF) and indication for coronarography. Criteria for referral to coronary arteriography are presented in Table 1. Patients with severe or rest symptoms, severe valvulopathy, arrhythmia and/or EF less than 45% were excluded. Standard echocardiographic parameters left ventricular global longitudinal strain (LVGLS) and global SI-DI were analysed. The patients subsequently underwent coronary angiographic examination.

After coronarography patients were divided in three subgroups: 74 patients (50%) had more than 50% coronary obstruction in any major artery, 26 patients (17.5%) had previous revascularisation but no significant obstructive lesions at present and 48 patients (32.5%) were without obstructive artery disease. General and echocardiographic characteristics in controls and selected patients before and after coronary angiographic examination are presented in Table 2 and 3.

Standard two-dimensional echocardiography

Transthoracic echocardiography was performed using bidimensional, M-mode, pulse wave Doppler, color-flow Doppler, tissue doppler and speckle tracking imaging with an ultrasound system Philipps Epiq 7G. Images were acquired and analyzed according to current recommendations¹⁶. Atrial and ventricular dimensions were measured, ejection fraction was calculated with Simpson method, diastolic dysfunction indices according to recommendations¹⁷. The left ventricular mass

Table 1. Clinical and/or imagistic criteria for referral to coronarography

Indication for coronary angiography	Number of patients
Positive ecg stress test, high risk for cardiac heart disease	59
Symptoms, high risk for cardiac heart disease, uninterpretable ecg stress test	28
Symptoms, high risk for cardiac heart disease, unable to exercise	25
Suspected obstructive coronary artery disease at coronary CT angiography	36

Table 2. General and echocardiographic characteristics in controls and suspected obstructive CAD

Variables	Controls N=30	Suspected obstructive CAD N= 148	p value
Baseline characteristics			
Age(years)	41.2±9.8	62±11.2	P<0.001
Women/men	10/20	55/93	NS
Hypertension	-	108	-
Diabetes mellitus	-	47	-
Previous revascularisation	-	26	-
Medication			
Beta-bloklers	-	89	-
Nitrates	-	115	-
ACE or ARB inhibitors	-	97	-
Calcium Channel blockers	-	66	-
Diuretics	-	52	-
Antiplatelets	-	132	-
Statins	-	96	-
Echocardiographic data			
LVEF (%)	59.3±4.3	51.9±8.2	p<0.001
LVGLS(%)	-22.3±3.1	-19.4±4.1	P<0.001
LV mass index (g/m ²)	98±7.3	119±8.1	P<0.001
LAVI (ml/m ²)	21±5.4	29±7.8	P<0.05
Mitral E/A ratio	1.3±0.5	0.8±0.4	P<0.05
e' (cm/s)	10.1±2.4	7.4±2.9	P<0.05
E/e'	6.9±2.1	11.3±3.5	P<0.001
No diastolic disfunction (DD)	30	8	
Grade I DD	-	57	-
Grade II DD	-	59	-
Grade III DD	-	24	-
SIDI(%)	69±8	41±11	P<0.001

CAD=Coronary Artery Disease; ACE=angiotensin converting enzyme; ARB=angiotensin receptor blocker; LVEF=left ventricular ejection fraction; GLS=global longitudinal strain; LAVI=left atrial volume index; SIDI=strain imaging diastolic index; NS=non significant

was calculated with Devereux formula. Atrial volume has been indexed to the body surface area. Pulsed-wave Doppler imaging was used to measure mitral valve inflow velocity peak at early (E) and late diastole (A) in a standard manner.

Tissue Doppler imaging of the left ventricular longitudinal function was used to determine mitral annular velocities in early (e') diastole at both septal (e' septal) and lateral (e' lateral) annulus. For each examination E/e' and average e' (e' septal + e' lateral /2) were calculated.

Speckle tracking two-dimensional echocardiography

Echocardiographic images for speckle tracking analysis were acquired in 2-,3-, and 4- chamber views at a high frame rate (60-80 frames/s). Images were obtained during a transient breath hold and stored for offline analysis. Left ventricular global longitudinal strain was measured using the commercial available software, on PC workstation (QLAB,7.0).End diastole was defined as the time of R-wave peak and end systole as time

of aortic closure, which was defined automatically on 2-D echography. After initialization of strain measurement, the computer automatically defined the region of interest (ROI), which was manual adjusted, when necessary. There were recorded 1-3 stable consecutive cardiac cycles for each view. Atrial and ventricular premature beats were excluded. Strain was measured automatically in each segment for each view and subsequently accepted by the person who performed the analysis. Peak strain was defined as the highest strain value that was acquired in the longitudinal direction through the cardiac cycle. Global longitudinal strain and peak strain for each segment were displayed in "bull's eye" view. Strain curves were displayed for each segment in all cardiac cycle. Average end -systolic strain for each view was measured at the closure of aortic valve, displayed on strain curves graphic (Figure 1). Global SI-DI was determined as end-systolic strain (a) minus strain at 1/3 of diastole (b) (measured on strain curves graphic using the linear markers), reported on end-systolic strain (a). The formula used for

Table 3. General and echocardiographic characteristics in defined subgroups after coronary angiographic examination

Variables	Obstructive CAD N=74	Non obstructive CAD N=26	No CAD N=48	p-value
Baseline characteristics				
Age(years)	61±11.2	63±9.7	58±9.8	NS
Women/men	30/44	7/19	18/30	
Hypertension	50	19	39	NS
Diabetes mellitus	28	8	11	NS
Previous revascularisation	-	26	-	-
Medication				
Beta-blokers	56	13	20	NS
Nitrates	63	19	33	NS
ACE or ARB inhibitors	49	18	30	NS
Calcium Channel blockers	34	11	21	NS
Diuretics	28	9	15	NS
Antiplatelets	72	20	40	NS
Statins	34	30	32	NS
Echocardiographic data				
LVEF (%)	50.1±8.1	48.5±7.2	54.1±7.9	NS
LVGLS(%)	-16.4±4.9	-18.2±3.9	-21±4.2	p<0.05
LV mass index (g/m ²)	122±8.9	118±7.8	115±7.3	NS
LAVI (ml/m ²)	30±8.9	28±6.9	27±6.5	p<0.05
Mitral E/A ratio	0.7±0.4	0.8±0.3	0.8±0.4	NS
e' (cm/s)	7.1±3.2	7.8±2.5	8.3±3.1	p<0.05
E/e'	12.7±4.2	10.1±3.9	9.1±3.2	P<0.05
No diastolic dysfunction (DD)	2	1	5	
Grade I DD	10	12	35	P<0.05
Grade II DD	43	9	7	P<0.05
Grade III DD	19	4	1	P<0.05
SIDI(%)	32±12	41±9	46±11	P<0.05

CAD=Coronary Artery Disease; ACE=angiotensin converting enzyme; ARB=angiotensin receptor blocker; LVEF=left ventricular ejection fraction; GLS=global longitudinal strain; LAVI=left atrial volume index; SIDI=strain imaging diastolic index; NS=non significant

global SI-DI calculation was $(a-b)/a$. Global longitudinal SI-DI was calculated as the average of global SI-DI obtained from the 3 apical views⁹⁻¹¹.

Statistical analysis

The obtained data were expressed as mean values ± standard deviations. The relationship between the continuous variables was calculated using Pearson's correlation coefficient. Comparison between means of two groups with continuous variables was performed using Student's *t*-test and for categorical variables using χ^2 and between several groups using ANOVA analysis. Univariable and multivariable Cox proportional hazards models were used to calculate hazard ratios (HR). Analysis was performed using SPSS version 17 for Windows. A *p* value < 0.5 was considered significant.

RESULTS

General and echocardiographic data are presented in Table 2. Of the 148 patients selected 55 were women,

mean age was 62 ± 11 years old, 108 were hypertensive, 47 had diabetes mellitus and 26 were previously revascularized. Selected patients had cardiovascular risk factors and at least one episode of angina or angina equivalent in their medical history (not in the last month). All patients were under treatment, class of medication being mentioned in Table 2. At the enrolment patients had mild or no symptoms. Healthy subjects were significantly younger (41.2 ± 9.8 years old) and had normal echocardiographic examination. Mean EF in studied group, although in normal range was significantly lower than in control group (51% vs 59% respectively, $p < 0.001$).

Coronary angiography data

Elective coronarography was performed in all selected patients. Indications for coronarography are presented in Table 1. After coronarography patients were divided in three subgroups: 74 patients (50%) had more than 50% coronary obstruction in any major artery, 26 patients (17.5%) had previous revascularisation

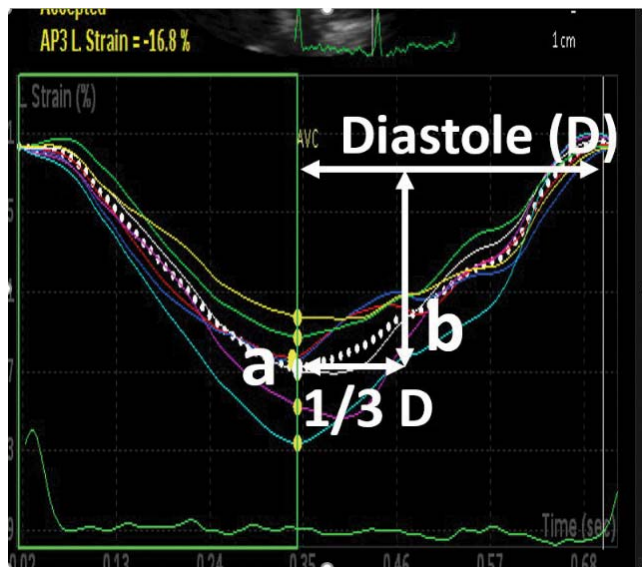


Figure 1. Calculation of Global Longitudinal Strain Imaging Diastolic Index (GLSI-DI) explained on strain curves. GLSI-DI was calculated with the formula: $GLSI-DI = \frac{a-b}{a}$ where a=average longitudinal strain at the closure of aortic valve and b=longitudinal strain at 1/3 of diastole, in 2-,3- and 4 chambers views.

but no significant obstructive lesions at present and 48 patients (32.5%) were without obstructive artery disease (Table 3). Class of medication did not differ in the three subgroups ($p < 0.05$). Standard echocardiographic data showed no significant difference in the ejection fraction, left ventricular mass index and mitral E/A ratio, in the defined subgroups. Mean LVEF was different in subgroups but with no statistical significance (50 % in obstructive CHD vs 48 % in non-obstructive CHD vs 54 % in no CHD, $p = 0.089$). Left atrial volu-

me index, e' and E/e' were significantly different in obstructive CHD than in non-obstructive CHD or no CHD ($p < 0.05$).

Strain analysis

Mean left ventricle global longitudinal strain (LVGLS) was significantly lower (in absolute value) in angina vs control group (-19.4% vs -22%, $p < 0.001$). In specified subgroups GLS was lower in absolute value in obstructive CHD than in non-obstructive CHD and no CHD (-16% vs -18 % vs -21%, $p < 0.05$). Global SI-DI was significantly lower in angina pectoris vs control group (0.41 vs 0.69, $p < 0.001$). Average global SI-DI was significantly lower in the subgroup with obstructive coronary disease vs the other two subgroups (0.32 vs 0.41 and 0.46 respectively, $p < 0.05$) (Figure 2 and 3).

In univariate analysis lower global SI-DI was associated with a higher risk of coronary artery disease (Hazard Ratio 1.39, 95% Confidence Interval 1.09-1.49; $p < 0.05$ per 0.1% decrease). There was significant correlation between reduced global SI-DI and the presence of coronary artery disease ($r = -0.54$, $P < 0.05$), hypertension ($r = -0.61$, $p < 0.05$), left ventricular hypertrophy ($r = -0.68$, $p < 0.05$), diastolic dysfunction ($r = -0.69$, $p < 0.05$). Although LVGLS was also significantly different between subgroups ($p < 0.05$), we found a weak correlation between global SI-DI and LVGLS (-0.39 , $p = 0.063$). Global SI-DI lower than 0.5 had a good sensitivity (84%) and negative predictive value (71%) and a lower specificity (40%) and positive predictive value (52%) for detection of obstructive CAD.

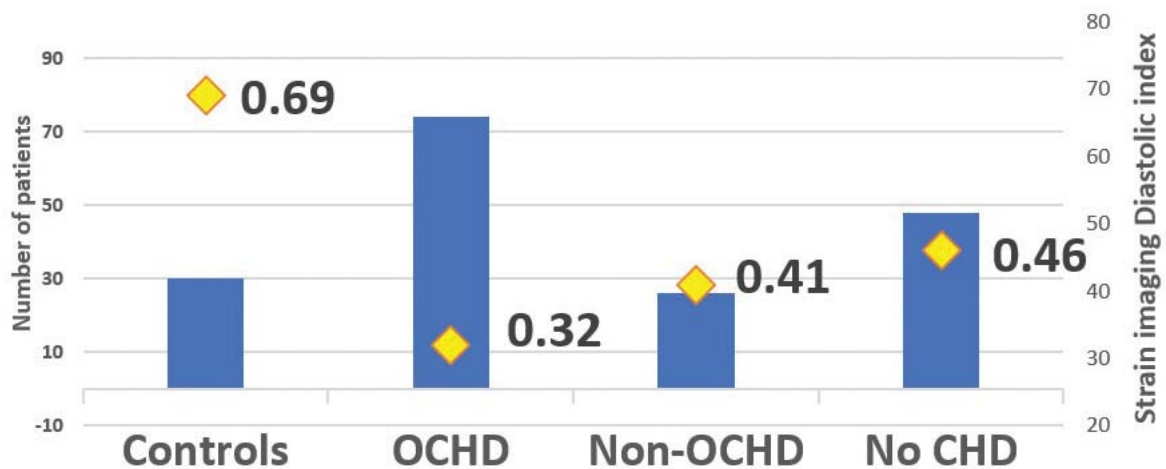


Figure 2. Mean value of longitudinal global strain imaging diastolic index (GLSI-DI) in healthy controls and subgroups of angina pectoris patients. (OCHD=obstructive coronary heart disease). GLSI-DI is significantly lower in OCHD vs healthy subjects (0.32 vs 0.69), subgroup with non obstructive CHD (0.32 vs 0.41) and vs subgroup without CHD (0.32 vs 0.46).

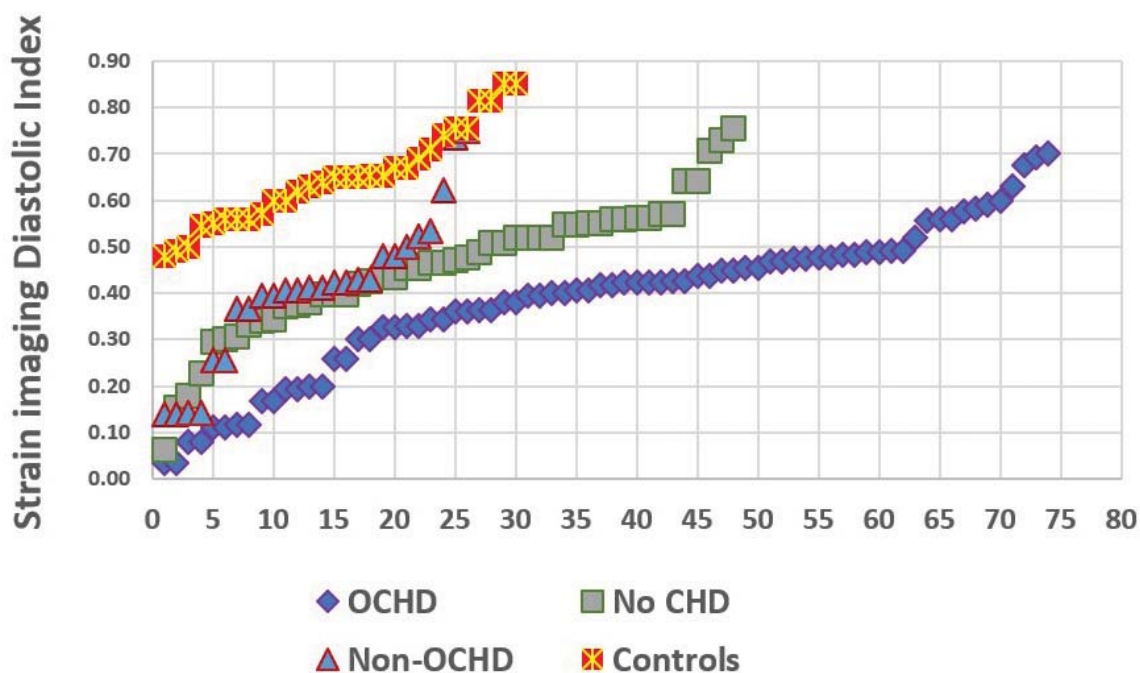


Figure 3. Graphic representation of the values of longitudinal strain imaging diastolic index (GLSI-DI) in each individual patient in healthy subjects (controls) and in specified subgroups defined after coronarography (OCHD=obstructive coronary heart disease subgroup, non-obstructive CHD subgroup=Non-OCHD and without CHD subgroup=no CHD).

DISCUSSION

In the current study we demonstrated the usefulness of a new parameter global SI-DI, assessed by 2D speckle tracking, in the diagnostic evaluation for obstructive coronary heart disease. The selected patients had a high probability of coronary artery disease¹⁸ or have been previously revascularized. Systolic left ventricular function was normal or mildly reduced ($EF \geq 45\%$). Global SI-DI was significantly lower in selected group vs a healthy controls (0.41 vs 0.69, $p < 0.001$). After coronarography we further divided the selected group in three subgroups: with more than 50% coronary obstruction in any major artery (50%), with previous revascularisation but no significant obstructive lesions at present (17.5%) and without obstructive artery disease. (32.5%). Global SI-DI was significantly lower in each subgroup vs healthy patients ($p < 0.001$) and in the subgroup with obstructive coronary disease vs the other two subgroups (0.32 vs 0.41 and 0.46 respectively, $p < 0.05$). Ejection fraction did not differ significantly between subgroups but LVGLS was lower (in absolute value) in obstructive CAD and in non-obstructive CAD vs no CAD ($p < 0.05$). We found a significant correlation between lower values of global

SI-DI and the presence of diastolic dysfunction. Grade II and III diastolic dysfunction, evaluated according to 2016 ASE/EACVI recommendations¹⁷ had a higher incidence in obstructive CAD group vs non obstructive CAD and no CAD (83% vs 50% vs 16% respectively) indicating that global SI-DI is also a parameter for assessing diastolic dysfunction with high filling pressure. The weak correlation between global SI-DI and LVGLS could be explain by the fact that we used end systolic strain not peak systolic strain in the calculation formula and all our patients were a high cardiovascular risk group with other factors that could contribute to a modified LVGLS. Univariate analysis showed that lower global SI-DI was associated with a higher risk of coronary artery disease. The cut off value of 0.5, selected in previous studies¹³⁻¹⁵, had in our study a good sensitivity (84%) and negative predictive value (71%) thus it can be used to rule out significant coronary artery stenosis in rest echocardiography. The results of our study were not strong enough to demonstrate that rest global SI-DI is an independent parameter for prediction of obstructive CAD. This could be explained by the fact that global SI-DI evaluates alterations in early diastole that can appear in left ventricular

hypertrophy, infiltrative myocardial disease or myocardial fibrosis. The positive predictive value at the cut off 0.5 was relatively low (52%) but as shown in univariate analysis the lower the value the higher the probability of having obstructive CAD especially when used in appropriate clinical context (angina pectoris, positive stress test).

Previous studies demonstrated that diastolic left ventricular abnormalities are early signs of myocardial ischemia and persists longer than transient systolic dysfunction²⁰⁻²². Ishii⁸ demonstrated in 2009 that evaluation by 2D strain imaging of exercised-induced post-ischemic left ventricular relaxation or diastolic stunning is a reliable method for the detection of CAD. They proposed a new parameter, strain imaging segmental transverse diastolic index as a marker of regional acute ischemia (post-exercise) and proved that this parameter can improve diagnostic accuracy of stress echocardiography for the detection of significant CAD. Several studies showed that diastolic dysfunction persists longer, even 6 months after successful reperfusion in acute myocardial infarction²³. Kimura¹³ showed that rest radial, longitudinal and transverse global SI-DI decreased significantly in severe stenosis segments and identified a cut off value of 50% for transverse SI-DI for predicting segments with severe stenosis with a sensitivity of 0.79. Chiang¹⁴ demonstrated that global SI-DI correlated with NT-proBNP levels in asymptomatic hypertensive patients with preserved ejection fraction and concluded that global SI-DI might serve as a novel echocardiographic parameter for assessing diastolic function. Furthermore, global SI-DI may reflect elevated left ventricular filling pressure and its rapid change better than conventional diastolic parameters in patients with suspected CAD¹⁴.

2019 ESC guidelines of the diagnosis and management of chronic coronary syndromes recommends to use as initial test non-invasive functional imaging for myocardial ischemia or coronary CTA for the diagnosis of CAD in symptomatic patients in whom obstructive CAD cannot be excluded by clinical assessment¹⁹. In clinical practice exclusion of CAD by clinical evaluation is frequently difficult. We demonstrated that rest global SI-DI is an easy to measure parameter that could help in the assessment of obstructive coronary heart disease.

CONCLUSIONS

Global longitudinal strain diastolic index is significantly lower in patients with obstructive CAD and normal or

mildly reduced ejection fraction compared with normal subjects. A cut off value lower than 0.5 selects patients with a higher probability of obstructive coronary heart disease.

Study limitations

This is a small study. The studied group of patients was selected regardless of the objective presence of ischemia and it was heterogenous group comprising patients with a high suspicion together with patients with already documented CAD. Another limitation was that we measured only longitudinal diastolic index and it is known that transverse and radial diastolic index are modified in CAD. The analysis was performed retrospectively so we had to exclude some segments with poor quality of image. The cut off point was not statistically demonstrated. Finally, we did not analyse SI-DI in relation with localisation and severity of coronary artery lesions.

Conflict of interest: none declared.

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