CASE PRESENTATION

Overlapping Syndromes: Kawasaki-Like Disease in Pediatric Multisystem Inflammatory Syndrome vs Atypical Kawasaki Disease. British or American? One Case, Many Possibilities

Cristiana VOICU¹, Cosmin GRIGORE¹, Dan STEFAN¹, Cristina FILIP¹, Gabriela DUICA¹, Georgiana NICOLAE¹, Mihaela BALGRADEAN¹,², Alin NICOLESCU¹, Eliza CINTEZA¹,²

Contact address:
Eliza CINTEZA, „Marie Curie” Emergency Children’s Hospital, 20 Constantin Brancovene Boulevard, Bucharest, Romania.
E-mail: elizacinteza@yahoo.com

1  “Marie Curie” Emergency Hospital for Children, Bucharest, Romania
2  “Carol Davila” University of Medicine and Pharmacy, Bucharest, Romania

ABSTRACT

Kawasaki disease is a challenging diagnosis even in typical forms of presentation. The features are represented by long lasting fever, specific mucocutaneous signs and coronary artery dilations as expression of medium artery vasculitis of unknown origin. Kawasaki-like disease emerged as a variant of pediatric multisystem inflammatory syndrome (PMIS) associated with COVID-19 infection. A 1 year 9-month-old boy who presented with fever, semi-consistent stools, vomiting, facial edema and hepatomegaly was transferred in our hospital with suspicion of myocarditis due to the clinical presentation, inflammatory markers and systolic dysfunction. In a few days after presentation, also, dilation of the coronary artery appeared while the child had persistent constant symptomatology. Gradually, a pediatric multisystem inflammatory syndrome (PMIS) developed, but without positive markers of COVID-19 infection, which remained negative (both antigen and antibodies). So, in front of all elements of PMIS except exposure to SARS-CoV-2, we concluded for an atypical Kawasaki disease with elements of PMIS. But the debate between the elaborated criteria British and American for PMIS are circling around the demonstration of the infection, past or present, making some cases difficult to diagnose. In this high affluence of Kawasaki-like disease, with intricated elements of myocarditis and multisystem inflammatory syndrome it is more and more difficult to establish a clear diagnosis. While the diagnosis looks complex, the curative treatment goes in the same direction – immunoglobulin, immunosuppressive treatment, inotropic and antiaggregant or anticoagulant treatment.

Keywords: „atypical” Kawasaki disease, Kawasaki-like disease, myocarditis, pediatric multisystem inflammatory syndrome, coronary dilation.

REZUMAT

Boala Kawasaki este un diagnostic provocator chiar și în formele tipice de prezenta re. Caracteristicile bolii sunt reprezentate de febra prelungită, semne specifice mucocutanate și dilatații ale arterelor coronare ca expresie a vasculitei de cauză necunoscută care afectează arterele medii. Boala Kawasaki-like (asemanătoare bolii Kawasaki) a apărut ca o variantă a sindromului inflamator multisistem pediatric (PMIS) asociat cu infecția COVID-19. Prezentăm cazul unui pacient de sex masculin, în vârstă de 1 an și 9 luni care s-a prezentat cu febră, scaune semilegatate, vărsături, edem facial și hepatomegalie care a fost transferat în spitalul nostru cu suspiciunea de miocardită acută în urma evaluării clinice, a markerilor biologici și a evaluării cardice cu disfunctie sistolică. La căteva zile de la prezentare a apărut dilatarea arterei coronare. Treptat, s-a dezvoltat un sindrom inflamator multisistem pediatric (PMIS), dar fără markeri pozitivi pentru infecția COVID-19, care au rămas negativi (atât antigenul, cât și anticorpul). În fața tuturor elementelor PMIS, cu excepția dovedirii infecției SARS-CoV-2, am concluzionat în favoarea unei boli Kawasaki atipică cu elemente PMIS. Însă dezbaterea dintre criteriile de diagnostic britanice și americane ale PMIS se învârte în jurul demonstrării infecției, trecute sau prezente, făcând unele cazuri dificil de diagnosticat. În această aflienza am aflat bolile Kawasaki-like, cu elemente asociate de miocardită și sindrom inflamator multisistemic, este din ce în ce mai dificil să se stabilească un diagnostic clar. În timp ce diagnosticul pare complex, tratamentul curativ merge în aceeași direcție – imunoglobulină, tratament imunosupresor, tratament inotrop și antiagregant sau anticoagulant.

Cuvinte cheie: boala Kawasaki „atipică”, boala Kawasaki-like, miocardită, sindrom inflamator multisistem pediatric, dilatare coronariană.
INTRODUCTION

Kawasaki Disease (KD) is a medium artery vasculitis of unknown origin which is characterized by prolonged fever and specific mucocutaneous clinical signs. The annual incidence varies between countries and nations. The highest incidence is in Japan, around 250 children per 100000 children less than 5-year-old comparing to 13.7 at 100000 for white children with a boy:girl ratio 1.5-1.7:1, and an increased incidence in late winter and spring. Diagnosis of Kawasaki disease comprise at least 5 days of fever and more than 4 positive clinical criteria (Table 1). Incomplete forms of KD (or atypical KD according the McCrindle et al) were described, but they are less frequent (10-20%) than the complete form. For such cases, there are less than 4 clinical criteria, but in case of presence of coronary artery dilatations, „the diagnosis is considered confirmed in most of the cases”.

In a recent review Marchesi et al introduced the concept of atypical Kawasaki disease, including in this category fever accompanied by manifestations that are „atypical” as neurological signs (aseptic meningitis, seizures, peripheral facial nerve palsy, sensorineural hearing loss), respiratory – pneumonia, gastrointestinal (gallbladder hydrops, jaundice, acute abdomen, pancreatitis), renal (renal injury, sterile pyuria), arthritis, orchitis. Perhaps, in atypical form of presentation may be included also, patients with only fever without any other symptom associated.

There are particular cardiovascular features that are included in KD as other cardiovascular manifestations, such as myocarditis, pericarditis, valvular regurgitation, aneurism of the noncoronary medium-sized artery, aortic root enlargement, peripheral gangrene. In this landscape of three existing types of KD (complete, incomplete and atypical), a fourth form of Kawasaki disease was recently described in the context of COVID-19 pandemia, which is called Kawasaki-like disease. The first description was in April 2020, in United Kingdom (UK), around 4 weeks after the peak of infections generated by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) in UK. Royal College of Paediatrics and Child Health (RCPCH) described the criteria of inflammatory syndrome on 1st of May, including the characteristics of inflammatory disease – persistent fever 38.5 °C, laboratory markers of inflammation (neutrophilia, lymphopenia, elevated C reactive protein), single or multi-organ dysfunction and exclusion of alternative causes. The RCPCH did not consider mandatory the positivity of the SARS-CoV-2

<table>
<thead>
<tr>
<th>Table 1. Comparative view of the diagnostic criteria in Kawasaki disease, incomplete or atypical Kawasaki disease, and pediatric multisystemic inflammatory syndrome</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Kawasaki Disease (KD)</strong></td>
</tr>
<tr>
<td>Fever, and 4/5 criteria:</td>
</tr>
<tr>
<td>– Erythema and cracked lips, strawberry tongue and/or erythema of the pharynx and oral mucosa</td>
</tr>
<tr>
<td>– Bilateral bulbar conjunctival injection</td>
</tr>
<tr>
<td>– Rash maculopapular, erythematous</td>
</tr>
<tr>
<td>– Erythema and edema of the hands and feet in acute phase or peringual desquamation in subacute phase</td>
</tr>
<tr>
<td>– Cervical lymph nodes ≥1.5 cm.</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
</tbody>
</table>

COVID-19 coronavirus 2019 disease; LAD left anterior descending; NTproBNP N-terminal pro Brain type natriuretic peptide; RCA right coronary artery; RT PCR reverse transcriptase polymerase chain reaction; WBC white blood cells.
CoV-2 testing. In the following statement of the Centers for Disease Control and Prevention (CDC) on 14th of May and World Health Organization (15th of May) the same criteria were elaborated for confirmation of inflammatory syndrome in children associated with SARS-CoV-2 infection, in different shape but insisting on demonstrating the link with the COVID-19 infection, either by using antibodies or antigen tests or at least past history should be positive (Table 1)\(^7\).\(^{11}\)

For cases that account similarities with all these types of Kawasaki disease is easier to use the American criteria than the British one, because of the link with the SARS-CoV-2 infection, making in this way the separation between them. Other signs that also may differentiate the associated and non-associated KD to COVID-19 infection are the age of the patient (less than 5-year-old, usually KD, more than 5-year-old for Kawasaki-like disease), the presence of thrombocytosis (KD) or thrombocytopenia (Kawasaki like disease in almost one third of the cases)\(^12\).

**CASE REPORT**

1 year 9-month-old boy presented with fever (40.6\(^\circ\) C), semi-consistent stools and vomiting in a private hospital. He associated irritability and clinical findings suggestive of heart failure (facial edema, hepatomegaly, pleural, pericardial and peritoneal effusion), and moderate systolic dysfunction (ejection fraction 40%), afterwards being transferred in our clinic.

No significant past medical history with good physiological postnatal adaptation were noted. Questions related to SARS-CoV-2 infection (symptoms, signs or tests) were asked but the answer was negative related to the patient and the relatives of the patient.

The physical examination on admission revealed a mediocre clinical general state, paled skin, dehydrated, especially at the lips mucosa which appeared cracked, but without the aspect of a “strawberry tongue”. At the palm-plantar level, a slightly fleeting erythema was sporadically visualized. No superficial lymphadenopathy was noticed, a slightly hyperemic pharynx. The patient was tachycardic with a heart rate of 165-170 bpm, a blood pressure of 122/86 mmHg, > the 95th percentile (at admission), afterwards normal blood pressure, 95/70 mmHg, without any cardiac or vascular murmur, mild hepatomegaly. He persisted in maintaining gastrointestinal symptoms as capricious appetite, vomiting and semi-consistent stools. Laboratory findings revealed normochromic, normocytic anemia (Hb = 9 g/dL), leukocytosis (26,970 /uL) with neutrophilia (65%), mild thrombocytosis (623,000 uL).

Inflammatory status showed CRP = 34.24 mg/L (normal value, NV<5 mg/L), procalcitonin = 0.54 ng / mL (NV <0.05), ferritin = 114 ng/ml (NV 6-67 ng/ml), decreased in 5 days to 42.5 ng/ml, fibrinogen = 257 mg/dl (NV 160-390 mg/dl), and high levels of IL-6, 84.83 pg/mL (NV <7 pg/ml). Blood tests, also, detected a coagulopathy with INR = 1.39, D-dimers = 15.68 micrograms/mL (NV <0.5 micrograms/ml). NT-proBNP was increased, 67.995 pg/mL (NV <125 pg/ml) and also, increased troponin T = 62.4 ng/dl (NV<40 ng/dl). TGO, TGP were normal, respectively 20.5 Ui/l and 12 Ui/l, albumin =3.64 g/dl (NV 3.8 – 5.4 g/dl).

The most frequent etiological viral agents implicated in myocarditis were excluded by negative antigen or antibody tests. Also, the SARS-CoV-2 PCR test was negative.

The electrocardiogram was normal. Repeated transthoracic echocardiography confirmed the moderate-severe systolic dysfunction (LVEF = 30-40%), the thin
Methylprednisolone 30 mg/kg/day (for persistence of fever after three days of IVIG), for 4 days, and angiotensin-converting enzyme inhibitor (Lisinopril 0.1 mg/kg/dose) with good evolution, remission of fever in 5 days, normalization of the clinical examination. It was discharged after 9 days, on diuretics (Furosemide, Spironolactone), ACEI – Lisinopril, and Aspirin as antiaggregant drug. The echocardiography at discharge showed normalization of the ejection fraction, absence of pericardial or pleural effusion and disappearing of the coronary dilations.

**DISCUSSION**

We presented a case of an atypical form of KD intricated with elements of multisystem inflammatory syndrome. The onset was with fever and only two clinical mucocutaneous criteria. There were other clinical elements of gastrointestinal involvement and heart failure (vomiting, semi-consistent stools, hepatomegaly, pleuro-pericardial and peritoneal effusion, facial edema), without elements of shock. An incomplete form of Kawasaki disease was completed on echocardiographic elements of dilation of left anterior descendant artery (LAD) with Z score over +2.5, pericardial effusion, and decreased left ventricle function and on complementary laboratory findings (anemia, leukocytosis, thrombocytosis, inflammatory syndrome). In parallel with evaluation for KD, we explored the patient for the possibility of Kawasaki-like disease associated to pediatric multisystem inflammatory syndrome (PMIS) especially in the COVID-19 pandemia. All elements of PMIS were present except the one reflecting exposure to SARS-CoV-2 infection or positive serology.

Myocarditis and shock can be part of the classical form of KD. Myocarditis may appear in 100% of the cases, precedes the coronary involvement and, usually, is transitory with a good response to anti-inflammatory medication being associated with interstitial inflammation and edema and not with necrosis. Symptomatic myocarditis is present in less than 5% of KD, while in PMIS the symptomatic myocarditis is prevalent in 50% of the cases. Kawasaki disease shock syndrome (KDSS) is a potential form of evolution in KD, present in about 7% of the patients, that initially is part of the KD but afterwards evolve as a shock syndrome related to KD with decreased peripheral vascular resistance and decreased contractility. The abundance of cytokine release was presumed as a possible condition associated to KDSS. Also, macrophagic activation

Figure 3. Left main coronary artery in the proximal segment showing a dilation of 3.4 mm (z score 2.8).
syndrome, similar with systemic idiopathic arthritis, may complicate a KD, and in concordance with this diagnosis there are the associated criteria that must be noted: increased ferritin level, thrombocytopenia, hypertriglyceridemia, hypofibrinogenemia. In some forms of KD an increased level of inflammatory cytokines (II 1, TNFα) was described, sometimes suggestive for resistance to IVIG. In this way, administration of antagonists’ receptors – Tocilizumab, Etanercept, Anakinra may be appropriate for resistant cases. In our case, an increased level of IL-6 was noticed, but for our patient the IVIG dose and the methylprednisolone pulse therapy were sufficient.

In our case the patient manifested with signs of myocarditis and incomplete/atypical form of Kawasaki disease. While myocarditis can be part of the KD, even in 100% of the cases, the symptomatic ones are rarer, less than 5%. Mitral regurgitation is found in 23-27% of the patients and is a sign of pancarditis. Usually, the evolution is favorable with resolution rapidly in time. Aortic regurgitation is rare, 1%, and is associated with aortic root dilatation.

Coronary involvement is present 23-25% of the KD patients, with reduced incidence to 4-8% after using IVIG, depending on the regimen of administration (single IVIG dose 4%, 4 administration, IVIG low dose 8%)\(^{20,21}\). Initially, the proximal segments are affected, and progress distally, initially with dilation and afterward with aneurysm formation, varying in number, size and position. The major part of the patients will associate dilation of the proximal segments of the coronary arteries in the first 4-8 weeks of evolution, at a z score <2.5, that most probably, will disappear in short time. Coronary dilation (z score>2) may progress to aneurysm small (z score >2.5), medium (z score>5) and giant (z score>10). As severe complications in KD thrombosis with obstruction causing acute myocardial infarction, coronary stenosis, KD shock syndrome, and MAS associated to KD\(^{5,16,17}\).

Under the treatment (IVIG, 2 g/kg in 4 days – slow administering schema considering the myocarditis onset type, without clear elements of KD, associated with metilprednisolon, 30 mg/kg/day for 4 days), positive inotropic treatment, anticoagulant, and cardiac remodeling treatment with ACEI, the evolution was favorable, the symptoms remitted, the inflammatory syndrome progressively decreased and the contractile function gradually improves with an increase of the ejection fraction to 57% at the time of discharge.

Considering the range of diverse cardiac manifestations from a viral myocarditis-like syndrome to coronary arteries abnormalities we took into consideration three differential diagnosis: acute myocarditis at the time of the onset, incomplete/atypical form of Kawasaki disease and Kawasaki-like disease in multisystem inflammatory syndrome post COVID-19. The negative viral panel helped us rule out myocarditis and the appearance of the elements of KD revealed the etiology of the cardiac function decrement. In order to exclude pediatric multisystem inflammatory syndrome, we run the serology and PCR (antigen) SARS-CoV-2 tests which came back negative. Nor the anamnesis helped in this direction, family denying any association with SARS-CoV-2 exposure. Against a Kawasaki-like disease are also a very young age (1-year-9-month-old child) and the presence of thrombocytosis instead of thrombocytopenia. All other elements concur for PMIS.

Initially, echocardiographic evaluation did not show coronary artery dilation. In literature, echocardiography may show even normal examination in the first week after the onset of KD without excluding the diagnosis\(^1\). Over time, it has now been realized that KD may cause several other cardiac complications as well\(^{22,23}\). It has been shown that myocarditis in KD is, in fact, more common than coronary artery involvement and may be almost universal. Myocarditis is an integral component of KD and may be more common than coronary artery abnormalities. Pericardial involvement and valvular abnormalities have also been observed in patients with Kawasaki disease. KD shock syndrome is now being increasingly recognized and may be difficult to differentiate clinically from toxic shock syndrome\(^14\).

**CONCLUSION**

Kawasaki disease is a rare condition that can be easily overlooked especially if other clinical elements of cardiovascular involvement may be more prominent. A systematic view and review of the diagnostic elements is necessary in KD in order to discover the coronary arteritis, which may be relevant after one week from the onset.

In the COVID-19 pandemia, Kawasaki-like disease must be considered and elements of the PMIS must be outlined due to the huge unfavorable risk if left undiagnosed.

In this context of intricated clinical elements, the diagnosis can be positive or negative for Pediatric Multisystem Inflammatory Syndrome depending on which
The literature you rely on, British or American. Definition criteria should be unified in order not to generate confusion.

Compliance with ethics: The authors declare no conflict of interest regarding this article. The authors declare that all the procedures and experiments of this study respect the ethical standards in the Helsinki Declaration of 1975, as revised in 2008(5), as well as the national law. Informed consent was obtained from all the patients included in the study.

References